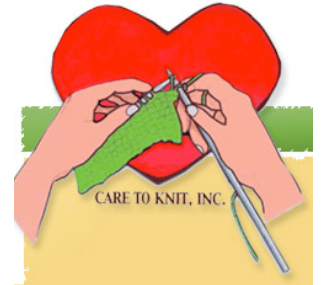


# Warm-Up Long Island – A Knit-In

## CheckerBoard

Directions for a 7 X 7 inch square



Using size 8 needles and Vanna's Choice worsted weight yarn

Gauge: 4 stitches to the inch – this is very important for our blanket construction.

CO 26 stitches, try to leave a 10 inch tail

Knit one row

Rows 1, 3, 5, 7, 9 (RS) – Knit

Rows 2, 4, 6, 8, 10– K1, K8, P8, K8, K1

Row 11, 13, 15, 17, 19 Knit

Row 12, 14, 16, 18, 20 - K1, P8, K8, P8, K1

Repeat Rows 1 – 20 once

Knit two rows

Bind off loosely in knit stitch. Leave a 10 inch tail.